

## **International Day of Yoga celebrated at BOC**

To mark the 5<sup>th</sup> International Day of Yoga, sessions were held in Soचना Bhavan, BOC headquarters in New Delhi today. All the media organizations located in this Bhavan participated in the event. To showcase the importance of making Yoga a part of everyone's daily life, an exhibition has also been put up in the premises of Soचना Bhawan. The Yoga sessions were conducted under the guidance of Yoga experts. Shri Satyendra Prakash, DG, BOC along with other senior officers and staff of BOC took part.